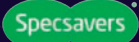




THE BRITISH CITIZEN *youth* AWARD

in association with 

OFFICIAL PRESENTATION GUIDE

October 2020

The following organisations are proud supporters of The British Citizen Youth Award:



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PATRON

The society we live in tomorrow will be shaped by the children of today, which is why championing amazing young role models is so very important.

The young people receiving The British Citizen Youth Award medals will, I am sure, inspire other youngsters to emulate their good work and embody the spirit of transparency, integrity, determination and achievement, that define these awards.

Whatever it is they have done to make a significant impact on society, their community, charity or other good cause, it will have

been with a selflessness and commitment that deserves to be publicly acknowledged.

These unsung heroes are the rising stars of the future – let us shine a light on them and celebrate!

I hope that many more youngsters will follow in their footsteps.

A handwritten signature in black ink that reads "Dame Mary Perkins." The signature is written in a cursive, flowing style.

Dame Mary Perkins
The British Citizen Youth Award
Patron & Co-founder Specsavers

The following organisations are proud supporters of The British Citizen Youth Award:



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PATRON



I was genuinely moved by the causes, achievements and determination of these young role models who are all striving to make the world a better place. This recognition programme shines the light of good on these deserving youngsters and holds them in the highest esteem.

Rightly so. Which is why I was honoured to accept the role of patron to The British Citizen Youth Award.

We live in a world where the news agenda is largely dominated by violence, criminality and drugs, where young people are often

depicted as being the problem and rarely the solution. The British Citizen Youth Award turns that on its head. It generates positive press for the young people being recognised today, it puts them at the centre of a movement to recognise the good in the country – in fact the medal is inscribed with the words ‘For the Good of the Country’.

Sorry I can’t be with you today, but thank you for what you do, you make the world a better place for us all.

A handwritten signature in black ink, appearing to read 'Ashley Banjo'.

Ashley Banjo
The British Citizen Youth Award Patron

IBRAHIM YOUSAF BCYA

Hello everyone my name is Ibrahim Yousaf BCyA, I am 14 years old & I live in Oldham. My campaign is helping 12 local charities by raising awareness & funds for them on twitter @sugs75.

I am sorry I could not be with you today but due to my health I struggle with travelling any further than Manchester. I was so moved when the BCyA broke with tradition & came to my School to present me with this medal, the best day of my life.

I am also honoured to have become an Ambassador for the BCyA. I want to wish all my fellow medalists congratulations and I hope you have a fantastic day. You are all truly inspirational and I look forward to reading about your individual achievements.

I hope we can all inspire our generation: Rather than pick up a knife and destroy a life, pick up a charity and build a life.



IBRAHIM YOUSAF BCYA



RUBEN & ELENA EVANS-GUILLEN BCYA

RUBEN & ELENA EVANS-GUILLEN BCYA

Our journey began by running 100km to raise funds for the Warrington & Halton Hospital Charity to build an outside play area for the Children's Ward. Along this incredible journey we raised over £15,000!

We were both so very excited and extremely honoured to be recipients of the BCyA at the Palace of Westminster in 2018. It was an unforgettable experience on the day that will live long in the memory. The medal we received is inscribed "For the Good of the Country" which represents for us so much pride in our achievement and to acknowledge the difference we have made.

More recently we have been very busy as National Fitness Day Superheroes getting the Nation Active! Congratulations to all the recipients of the BCyA. It is so well-deserving of your inspirational hard work.

PATRON



Nicky Cox is Editor-in-Chief of First News, the UK's number one publication for children, with more than two million readers a week. Nearly half of schools nationwide subscribe to First News. Nicky is also CEO of Fresh Start Media, a production company making broadcast films for, and about, children around

the world. Nicky was made an MBE for services to children in the Queen's Birthday Honours 2009, and in 2013, was given a Patron's award from the NSPCC and ChildLine for dedication to children. She is passionate about giving kids a voice and a fair deal.

In 2014 Nicky was one of the Women of Achievement in the Women of the Year Awards. She is often called upon to be a judge herself and has been on the panels for BAFTA, the Global Teacher Prize and the Mum of the Year Awards, as well as being a trustee of English Heritage's Blue Plaques. She is also a special adviser to UNICEF.

"Too often, young people get a bad press. It is fantastic to be part of the British Citizen Youth Award which celebrates the fact that young people are, in fact, extraordinary human beings with good hearts contributing to their communities in so many positive ways."

"Thank you!"

A handwritten signature in grey ink that reads 'Nicky Cox'.

Nicky Cox MBE
Patron, The British Citizen
Youth Award, Editor-in-Chief,
First News



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Specsavers was founded by Dame Mary Perkins and her husband Doug in 1984 with one vision – to provide affordable, fashionable eyecare for everyone, at a time when high prices for optical care and limited choice were the norm.

Their spirit of British entrepreneurship revolutionised the industry and today Specsavers is a well-known high street retailer with over 2000 stores in ten countries around the world, including more than 370 stores in Australia and New Zealand, while its humorous ‘Should’ve gone to Specsavers’ advertising line has become a much used phrase.

Each store is part-owned and managed by its own directors - a Joint Venture Partnership model that was pioneered by the Perkins - who are committed to delivering high quality, affordable eye health

care and audiology services in the communities they serve.

Specsavers is the largest employer of registered optometrists and dispensing opticians in the UK. But as well as employing optical and hearing professionals, the company also offers a full range of careers in its stores and support offices worldwide, including the largest apprenticeship scheme in the UK, which takes on school leavers and offers them the chance of gaining a qualification within a year.



BRITISH CITIZEN YOUTH AWARD



In 2016 The British Citizen Youth Award (BCyA) was launched with the purpose of recognising young people who positively impact society. The response has been overwhelming. The sheer number of young people who are helping others through volunteering, fundraising or awareness is enormous.

Those being awarded The British Citizen Youth Award medal are invited to use the BCyA letters after their name to reflect the achievement of being recognised. The commitment of young people in the UK to wanting to make a difference for the good of the country is vast. Today, we witness the achievements of 26 outstanding young people and are proud to recognise them for their endeavours.

These deserving young people are recognised for their bravery, dedication, determination or achievements for their good causes. They are also recognised for their commitment, which will reap varying levels of results dependent upon age. Some are assisted by their siblings or parents and their capability may preclude them from achieving as much as some others, but their commitment to be involved, to make an impact is usually as determined as those older than them.

The British Citizen Youth Award is extremely proud of the support shown by our partners Specsavers, who share our belief that it is the young people of today who will shape all our tomorrows.

PATRON



Grammy nominated artist Kimberly Wyatt sold 15 million albums and 40 million singles worldwide. She has reached pop success all over the world touring with one of the biggest selling girl groups of all time, the Pussycat Dolls.

Kimberly has also been a judge on the hit Sky1 UK show Got to Dance

and the lead judge for CBBC flagship dance show, Taking the Next Step and in 2015 became the Celebrity MasterChef Champion.

Kimberly also starred in the CBBC series of 'Almost Never'. With dance as a leading passion in Kimberly's life she is now an ambassador for The Youth Sport Trust, an independent charity devoted to changing young people's lives through sport.

"I am honoured to have presented The British Citizen youth Award twice previously. This awards programme shines a light on the efforts of our youth and is something to be revered. The world needs more young people like these leading our communities.

"As a patron to the British Citizen youth Awards I feel privileged to help create a platform to celebrate the incredible achievements of these young people. Having a heart of gold can do great things when supported in such a way, and these awards give you your time to shine!

"Many of these kids have faced turmoil in their own lives yet still choose to be selfless and help others. I applaud you and your families for your hard work and dedication. You are the future and your brilliant endeavours will make a difference!"

A handwritten signature in black ink. Above the signature, the words 'heart... life' are written in a cursive, handwritten style. The signature itself is a stylized, flowing script.

Kimberly Wyatt



ROLL OF HONOUR

JOSHUA FORSTER BCyA

Age: 6

From: Merseyside



6-year-old Joshua is dog-obsessed and while walking with his aunt and her two dogs

Luna and Rex, they decided that they did not want to take dirty, muddy balls back home. Josh suggested they leave them in the park so everyone in the community can share dog toys. This idea developed quickly and saw Joshua buying a box and some more toys to leave in the park using his own pocket money.

It was such a small gesture but had a big impact and a positive response from the whole community. In a nation of dog lovers, most if not all dog owners appreciated the care

and consideration Joshua has put into this for the community. The dogs have something to play with and it brings everyone together.

Joshua first started the box in the middle of a cold and miserable January, but he checks on them daily. He has since been given permission from the local council to use the black recycling boxes and now has five dog toy boxes on the go in the area in different parks and dog walks.

JOSEPH THOMPSON BCyA

Age: 9

From: Greater Manchester



9-year-old Joseph Thompson from Oldham, decided to make a difference during the first national lockdown which started on 23 March 2020, by

helping a charity from his local community. The Local Food Bank was under extreme pressure during lockdown and Joseph decided to make a difference, by shaving off his full head of hair. On 15th May 2020 Joseph raised a staggering £550 shaving his hair off and donated all the funds directly to the local food bank within Oldham to enable them to help feed the most vulnerable in the community.

As the people in his community were dealing with lockdown and the effects of Covid-19, Joseph and his sister made paper rainbows, but instead

of just displaying them in his windows to show support for essential and keyworkers, Joseph delivered these to elderly residents in the area to cheer them up and put a smile on their faces.

Joseph is a kind young man and at only 9-years-old has realised the impact he can make on others. He is determined to continue raising money for the local food bank and homeless people within his area and is determined to make a difference.

HENRY HOWARTH BCyA

Ages: 17

From: Lincolnshire



Since the age of 13, Henry has raised over £14,000 locally for various charities. His latest fundraiser was running 10km a day for 30 days in order to

raise funds to make scrub sets, hats and masks for the NHS at a time that they were so desperately needed. Through running a combined 300km, Henry's challenge raised over £500 – enough money to buy fabric which was supplied to a local sewing group and made into high quality Personal Protection Equipment (PPE). Henry wanted to help protect those trying to protect others.

Another charity close to Henry's heart is Meningitis Now, as Henry himself

contracted Meningitis and Septicaemia at just 6 months old. He organises fundraising events such as coffee mornings, and garden fetes. Henry even performed songs at local nursing homes, giving the residents a break from their normal routine by presenting some light entertainment.

He is constantly seeking ways to contribute to his community and his brother and sister have been inspired to follow in his footsteps and emulate his achievements.

KATIE BRADBEER BCyA

Age: 17

From: Wiltshire



Katie provides a voice for the young people in her community through her activities at the Combined Cadet Force. There are 120 cadets attending CCF where

Katie oversees their learning by supporting those junior to her in rank, ensuring all activities are engaging, fun and making the cadets feel part of one big family.

Her activities and commitment to education are particularly significant as in Westbury, 33% of children live in poverty and 35% of people aged 16-25 have no formal qualifications. Due to Katie's contribution at local youth network and town council meetings, she has provided the missing insight of a young person, for those who are not confident enough to voice their ideas. Due to

the disadvantage gap in Westbury, Katie assisted the staff to achieve bursaries for cadets who fall into this category. She has written applications securing bursaries of up to £200 per cadet, to ensure they can participate in the Duke of Edinburgh's Award and attend camps, where they can make new friends, learn new skills and participate in activities.

Katie is dedicated to improving the lives of others and her consideration for the wellbeing of others is an inspiration.

CHLOE ROLLITT BCyA

Age: 10

From: Isle of Man



Chloe wanted to supply her local hospital Children's Ward with new toys and games so that sick children would have something to occupy them whilst waiting

to recover. Chloe set herself a fundraising target of £4,000. To get started Chloe began bucket collections, packing bags at the local supermarket, cake bakes and even organised a charity ball.

Chloe soon exceeded her self-imposed target, and to date has raised a staggering £26,000 for the Nobles Isle of Man Hospital. She fulfilled her mission of supplying new toys and games for the children's ward. The remainder of the money raised by Chloe has been used to provide Parent Beds, so each child can have a parent present overnight,

another initiative to improve the patient experience of young people.

Chloe enjoys helping people and is passionate about fundraising, despite her own health challenges. Chloe suffered brain damage at birth and was given only a 50 per cent chance of survival. She fought very hard for her life and was eventually allowed home. She now suffers from Cerebral Palsy and Epilepsy, which makes raising such a large sum even more significant. Chloe is a determined and dedicated young girl.

**MICHAEL PRENTICE BCyA &
HOLLIE-GRACE GOUGH BCyA**

Ages: 8 & 11

From: Kent



Michael and Hollie-Grace are determined to make a difference to others in their community. They encourage others to carry out good deeds, be kind

to others and make their community a better place. The pair achieve this in many different ways, running cake stalls, selling plants and they both help run the weekly local children's gardening club - helping several children learn about the environment, recycling and wildlife. They have both also helped the local authority with sowing and growing six acres of wild meadow flowers to help local wildlife.

Despite having been born with an incomplete cleft lip and palate, Hollie-Grace raises money for CLAPA and Smile Train. In January

this year Hollie-Grace underwent surgery to rebuild and reconstruct her upper jaw, leaving her unable to walk, talk or eat for many weeks. Michael continued with the activities and supported Hollie-Grace to recovery.

They also lead a team of 30 young litter pickers in the community, covering approximately three miles at a time, clearing the local area of rubbish. The determined pair also have a Maidstone Shoe Box Appeal, creating shoe boxes full of essentials for the homeless within the area.

AVA PRISK BCyA

Age: 9

From: North Yorkshire



Since her Gran was diagnosed with Myeloma, Ava, who was only 8-years-old at the time, wanted to help to raise money for her medicine. After

her parents got in touch with Myeloma UK for a fundraising pack, Ava set herself a target of £200 to give to the charity. Ava set about a series of activities that would have broad appeal and raise much needed funds. She ran a cake stall selling hand-made sweet treats, held a bric-a-brac sale, as well as stalls in the local church. When it came to calculating the total of her endeavours, Ava had exceeded her £200 target by a large margin, raising £3,025 for Myeloma UK.

Ava is a dedicated and determined young lady who is committed to making a difference. She has brought the community together as the Church Hall was packed full of people and became a hive of activity. The church also benefitted from Ava's activities - they completely sold out of refreshments, with all proceeds going back into the Church.

Ava has achieved an amazing feat in raising so much money which will make a huge difference to others.

JACK YATES BCyA & LILY YATES

Ages: 13 & 14

From: Cornwall



Brother and Sister Jack and Lily have for the last eight years helped their Mum, Leigh, raise money for various charities. The pair have raised over £600,000

for their school and schools within their academy.

Jack loves animals and has raised thousands of pounds for animal charities and adopted three cats from Sue's Cat Rescue. Jack likes to do things a bit different, and seven years later his passion for fundraising is still strong. Jack dresses up as an Elf at Christmas, making people laugh and part with their cash, all in the name of a good cause. Jack fundraises from the heart - animals, local wildlife and raising money for his school are his passion.

Lily has the heart of a lion and spends her spare-time fundraising for several charities. She has no problem rolling up her sleeves for heavy boxes of donations, shaking a collection tin for cancer charities, litter picking, arranging beach cleans and raising funds for her school and a school in Africa.

A formidable duo who are committed to making a difference to their community and society.

RUBY LOCKEY-POPE BCyA

Age: 15

From: Gloucestershire



Ruby is passionate about humanity and all human rights issues. She currently holds the position of a National Junior Board Member for global

human rights charity, Amnesty International. At school Ruby encourages her peers to become involved and to understand better the damage and impact that human rights injustices cause around the world.

She is also a member of the United National Youth Congress and for the last two years has flown out to Washington DC for a young women's summit. On both occasions she has taken part in a day of action at Capitol Hill, where she would meet with up to eight US Senators and lobby on important issues such as Period Poverty, Forced

Marriage, FGM and every girl's right to an education. Because of her dedication and passion, Ruby was offered a scholarship at The George Washington Summer School 'Social Activism'.

Ruby worked with The Red Box Project, a charity in getting free sanitary products into schools. She also led this within her own school and delivered a lecture to her whole school, over 800 girls, on this issue. Ruby was proud to speak freely about this at the age of just 13.

DANIEL LLOYD BCyA

Ages: 15

From: Oxfordshire



Following the loss of one of his best friends in March 2019, Daniel wanted to raise money

in his friend's memory and support the hospital who had cared for him. He completed a 5km Obstacle Colour Run in May and raised £430 for the PICU at the John Radcliffe Hospital in Oxford.

The tragic event of his friend's death had a great impact on Daniel and inspired him to want to raise awareness for youth mental health and help support other students in his school. Daniel felt there needed to be a better understanding of mental health and wanted to remove the taboo within his own school. Looking into

options and resources available, Daniel decided to raise money to enable his school to train two members of staff in mental health first aid.

Daniel spent his summer holidays baking and selling cakes to order, having a cake sale, and holding a raffle, all to raise funds for his school, of which they were unaware. Daniel raised over £1,500 for his shocked and proud school in the hope that Mental Health issues may be spotted earlier and prevent a future tragedy.

KRISH ZAGORSKI-SHAH BCyA
ROHAN ZAGORSKI-SHAH BCyA
ANOKHI ZAGORSKI-SHAH BCyA

Age: 5

From: Cambridgeshire



Krish, Rohan and Anokhi are triplets born 10 weeks early. As they developed and grew older,

they started swimming to improve their muscle tone and lung capacity. At the age of 4, the triplets, no doubt supported by their parents, came up with the idea to carry out charity work for other children less fortunate.

They were inspired to do a swim after learning that their cousin was undertaking a charity swim and realised this was a good way to raise funds. They completed and surpassed both their swim distance and fundraising targets, raising money for the NSPCC.

Their target to swim at just 4 years old was 200m, but they surpassed this swimming a total of 520m in 60 minutes. The trio raised £1270.75 for the East of England NSPCC where there are a number of vulnerable children within their community. In recent months since the start of the Pandemic, there has been increased pressure on the NSPCC.

The triplets are determined to continue raising funds for the children's charity and its important work. The inspirational triplets are already planning their next project.

LAUREN LAZARD BCyA

Age:18

From: London



Lauren has overcome so many obstacles in her young life but has always been passionate about helping others. At the age of just 12 years old, Lauren

started raising money for 'Sense and Keech' by holding a bake sale. Lauren was so inspired and wanted to continue to help others and raise money for another charity which is close to her heart, 'Jewish, Blind & Disabled' as her grandpa was blind. Lauren put together another bake sale raising around £150

In 2019, having entered her own dog Lola in many charity dog shows, Lauren decided to put on her own Dog Competition to raise money for Guide Dogs for the Blind, in memory of her beloved Grandpa. Without any prior experience, Lauren contacted

local businesses and pet stores who generously donated vouchers and wonderful prizes. There were stall holders and 60 dogs who competed, all judged by Lauren and a local vet. In addition, a guide dog owner came along to speak at the event. The event raised £3,500. Since putting together the Dog Show, Lauren has become a volunteer for Guide Dogs for the Blind.

During lockdown, Lauren started baking and delivering apple crumbles to people self-isolating and cupcakes to the local Firefighters and GP's.

MONTGOMERY LORD BCyA

Age: 15

From: Lancashire



Montgomery, known as Monty, was instrumental in the setting up of the UK registered charity, Young Active Minds. Acting as an ambassador for the

charity, he shared memory techniques with children and young people to promote new, fun and effective learning.

His first piece of research was a 55,000-word thesis, proving statistically that the use of bedtime technology adversely impacts a person's circadian rhythm (their internal clock). He then went on to conduct another ground-breaking piece of research into the effects of Coronavirus isolation on the mental health and wellbeing of children, young people and

their families and friends. The results were shared with CAMHS (Children & Adults Mental Health Services) Digital at the University of Manchester, and Monty appeared live on an official NHS England webinar to present his findings.

This project of Monty's engaged almost double the number of children compared to his first and the results are being used by the NHS to help provide a better understanding in the effects of Covid-19 on young people.

FAITH CLOTWORTHY BCyA

Age: 9

From: Essex



At the beginning of the original lockdown, no one knew how young people would be affected. Suffering from separation anxiety and low self-esteem, Faith was

at an all-time low when lockdown took hold in March this year. She was unsettled, upset, and confused. After reassurance from her family that many people would be feeling the same, Faith wanted to make a difference and do something to help others during this difficult time.

Faith decided to make 'Bags of Happiness' and deliver them to local children to make them smile. During the three months of the original lockdown She delivered nearly 400 bags between April and July 2020.

Faith self-funded the project, walking for miles in her community to deliver the bags, come rain or shine and did not stop there. When lockdown ended, Faith made 100 'back to school bags' for children with special educational needs, realising that many may have struggled during lockdown and may struggle with the unknown of going back to school.

Faith brought the community together during a difficult time and focused on bringing a smile to the faces of hundreds of young people.

JOSEPH BARTLETT BCyA

Age: 16

From: Somerset



The Chard Community Coronavirus Support Team was created at the beginning of national lockdown in March 2020. Joseph decided that he

was going to do all he could to help, so began volunteering in the third week and has been with the support team, daily, ever since.

Over the course of the pandemic, the support group have provided a vital role in delivering over 5,000 prescriptions locally. The administrative details for those 5,000 prescriptions was Joseph's responsibility and his calm attention to detail and diligence meant there was as an error rate as close to zero as it was possible to be. Joseph has carried out over 500 hours of volunteering during this period.

Joseph shows character and professionalism well beyond his years with meticulous attention to detail and patience. The importance of delivering prescription medicines to vulnerable people who cannot leave home was at the forefront of everything Joseph did on a day-to-day basis.

The Chard Community Coronavirus Support Team helped over 1,500 people in the community, keeping people as safe from Covid-19 as possible and it is only with the help of outstanding volunteers like Joseph that this was possible.

KANE ROKER BCyA

Age:16

From: Somerset



The Chard Community Coronavirus Support Team was created at the beginning of national lockdown in March 2020. Kane was originally

volunteering with the local Royal British Legion, but recognising the need locally for essential supplies to be delivered, he joined The Coronavirus Support Team as a delivery driver for necessities and prescriptions during lockdown. Kane's dedication during this time was exemplary, volunteering 10 hours a day for over three months. His dedication, energy and enthusiasm are inspiring.

For many people who lived alone and were self-isolating, Kane might be the only person they would see all

week. Despite the pressure of carrying out so many deliveries, Kane always had a smile and a friendly word for people. Over 5,000 prescriptions alone have been delivered during the original lockdown, providing a true community service to all residents.

The Chard Community Coronavirus Support Team helped over 1,500 people in the community, keeping people as safe from Covid-19 as possible and it is only with the help of outstanding volunteers like Kane that this was possible.

CHARLOTTE BERRY BCyA

Age: 16

From: Somerset



The Chard Community Coronavirus Support Team was created at the beginning of national lockdown in March 2020, Charlotte was one of the first

volunteers through the door when they started operating. For 9 weeks Charlotte volunteered tirelessly excelling as part of the behind the scenes administration team. Charlotte has since moved on to become a 'Phone Buddy' co-ordinator looking after a group of people who solely make calls to lonely and isolated people.

At only 16 years of age, Charlotte took calls from people in fear, trauma, confusion and with high levels of anxiety. Being compassionate and cheerful, Charlotte soothed people in times of real distress. She mastered the IT systems very quickly and has greatly improved

the Phone Buddy system to support as many vulnerable and isolated people as possible.

Charlotte made a huge difference as an integral part of a small team and will continue to help the community with her Phone Buddy work, which has become a permanent fixture and will continue in the community.

The Chard Community Coronavirus Support Team helped over 1,500 people in the community and it is only with the help of outstanding volunteers like Charlotte that this was possible.

SAHIL USMAN BCyA

Age: 15

From: Lancashire



At the age of 13 Sahil was diagnosed with Leukaemia. Since then, during the past two years Sahil has been delivering Christmas presents to children who have

life-threatening illnesses. Additionally, he continues to help people throughout the year via his radio show and presentations. His own treatment is ongoing and will continue until November 2021, but he remains determined to spread smiles and positivity.

Sahil spent Christmas 2018 in hospital and felt sorry for the children on the ward that would not be home for Christmas. With his own money, Sahil brought presents for all the poorly children on the ward. The following year he did the same thing, but through fundraising he

was able to buy 250 gifts, costing around £2,000 in total.

After meeting a young girl on his ward who suffered from isolation - as her peers did not know how to treat her with a cancer diagnosis - Sahil created a presentation on cancer and its affects on young people. The presentation was received with acclaim from charities, organisations and local schools. Sahil's mission is now to deliver as much knowledge as possible to help others on their cancer journey.

CIAREN ADAM BCyA

Age: 16

From: West Lothian



Ciaren champions anti-bullying within his school and has done so for several years. He is a mentor to the younger students and takes

time to coach and educate students in recognising bullying and how to cope with all the issues that surround it. In August 2020 he started 6th year at High School and was appointed Head Boy in recognition of his commitment to anti-bullying.

Ciaren attends Army Cadets and is dedicated and devoted to helping others. He has been a committed participant within the ACF during the recent difficult few months, encouraging other cadets to take part in online training and health

and well-being initiatives whilst the restrictions on large gatherings and other government guidelines have been in place.

During the recent national lockdown, Ciaren has been helping at the local church with the distribution of food and necessities to the local elderly community, a vital service to secure their wellbeing. He is also raising money on behalf of the local foodbank to enable them to continue providing essential resources during these unprecedented and uncertain times.

CHRISTOPHER JOHNSON BCyA

Age: 16

From: Cheshire



For Christmas 2019, Christopher received a 3D printer, but no-one could have imagined that he would put this device to such good use. The Covid-19 pandemic started and soon

reports of a national shortage of PPE hit the headlines, calling into question the safety of those in the NHS. Christopher was so moved by the experiences of members of his own family who are frontline nurses, he felt the need to help. Christopher was no longer in school due to lockdown so put his time to good use.

He set his 3D printer to make 30 masks a day, which he then distributed to Warrington Hospital and to community care workers. The demand significantly increased, Christopher knew he could

not do this alone. He set up a GoFundMe page reaching out for support to cover costs and increase output. Donations poured in and within days he exceeded his target of £500 raising £4,300 to date.

In total 4,000 PPE units of equipment were supplied free of charge to hospitals, GP surgeries, meals on wheels, maternity units and NHS staff. An inspirational young man, Christopher worked around the clock to provide equipment for those risking their lives helping others.

FRANCIS CANTLOW BCyA

Age: 17

From: Essex



Francis sadly lost his Mum to cancer in 2019. The entire family struggled to deal with the loss, but tragically, it became too much for Francis' brother

Kayden, who took his own life in July 2020. Francis, now dealing with a double loss himself, committed to making a difference to try and avoid any more tragic deaths by making more people aware of mental health issues within his community.

Kayden took his own life at the railway line close to their home and Francis is taking a dual approach by campaigning for better railway safety and information together with greater awareness of mental health issues

amongst men. Kayden wants to make it normal for men to talk about their mental health with no stigma attached. He is also in discussion with local MP's on improvements to the section of railway where Kayden died and campaigning for information boards with Samaritan contact details to help those feeling suicidal.

Despite such a tragedy befalling the family, Francis is determined to help others and make suicide awareness more prominent within the community.



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A'Mari Carribon
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Ashley Palipana
Essex



Bethan Rees
Somerset



Elly Neville
Pembrokeshire



Emma & James
Whittaker
Buckinghamshire



Esme and Bronte
Clark-Coates
Devon



Honey Parker-Jones
Berkshire



Jennifer Brown
Renfrewshire



Joab Price
Worcestershire



Jonjo Heurman
Kent



Keira Beeson
Lincolnshire



Louis Johnson
West Midlands



Luke Chapman
Cheshire



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County Durham



ROLL OF HONOUR 2017

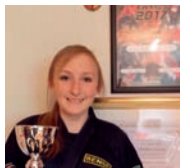
Mia & Natalia Goleniowska
Cornwall



Junior Frood
West Yorkshire



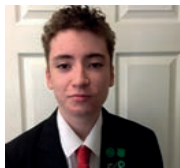
Bethan Owen
Denbighshire



Benjamin Wilson-Mayor
Lancashire



Aidan Jackson
Cheshire



Emily Lindley
Angus



Jake Mendelsohn
County Durham



Chanel Murrish
County Durham



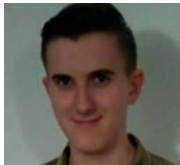
Owen Perks
West Midlands



Molly Fraser
Essex



Caine Wildman
West Midlands



Aled Griffiths
Devon



Grace Warnock
East Lothian



Ted McCaffery
Cheshire



Phoebe Maddison
Wiltshire



Gracie Howarth and
Madeleine Barnsley
Lincolnshire



Cody McManus
Edinburgh



Bailey Matthews
South Yorkshire



Amelia Butterfield
Cumbria



Ellie Payne
Somerset



Jenny Cook
Glasgow



Erin Spray
Cheshire



Alex Yates
Merseyside



Olivia Hart
Anglesey



Nicholas Nikiforou
Somerset



Tallulah Deeks
Hertfordshire



Jake Cathcart
Merseyside



Nicole
Kalungwishi-Hines
Middlesex



Ruben Evans-Guillen &
Elena Evans-Guillen
Middlesex



Courtney Powdrill
Bedfordshire



Tyler Ford
Glamorgan



Kiaragh Brown
Worcestershire



Jake Glennon
Merseyside



Millie Nabarro
London



Ben Mooney
County Down, N Ireland



Iggy Just
Edinburgh, Scotland



Bethany Groves
Devon



Georgie Cavanagh
Cheshire



Hannah Chowdhry
Essex



Jonathon Dawes
Denbighshire, Wales



Katlyn Wilson
Aberdeenshire, Scotland



Jordan Havell
Lincolnshire



Siena Castallon
London



Ishwar Sharma
Kent



ROLL OF HONOUR 2019

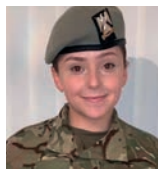
Ibrahim Yousaf
Greater Manchester



Aidan Henderson
Moray, Scotland



Amy Barbour
Ayrshire, Scotland



Andrew Lunn,
James Lunn &
Marcus Weston
North Yorkshire



Chloe Blanchfield
Worcestershire



Evie Toombes
Lincolnshire



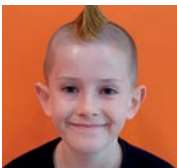
Ben Godsell
Dorset



Ellie Toth
Lancashire



Freddie Clark
South Yorkshire



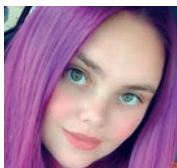
Sam Mcghee
Dorset



Daniel Bubb &
Matthew Bubb
Warwickshire



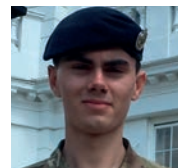
Charlie Matthews
Bristol



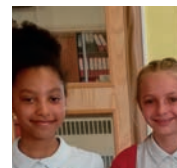
Georgina Bearder
Gloucestershire



Benjamin Harbottle
County Durham



Amy Roberts &
Nicole Kessy
Cheshire



Harry Steel
Tyne & Wear



Olivia Hancock
Warwickshire



Isaac Mendelsohn
County Durham



Joey
Tildesley-Devine
Merseyside



Nathan Halford
Lancashire



Jack Thompson
Tyne & Wear



Marcus Wilton
Cheshire



Sir John Heron
School
London



The amazing young people honoured with a 2020 British Citizen youth Award have positively contributed to these amazing causes. Congratulations to all involved.



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